

# Value Statement

Values are more helpful than rules because they are flexible. List the rules you can replace by identifying the value you are striving for. Then brainstorm some ways you can make it happen.

Rule	Value	Possibilities
<i>You have to wear a coat.</i>	<i>I want you to stay warm.</i>	<i>Bring the coat along until it's needed. Wear two sweaters or other layers. Wrap up in a blanket. Stay out until you get cold. Warm drinks, hat, scarf...</i>

# Value Statement

Replace the Rule

Rule	Value	Possibilities